

LEARN HOW TO SAVE WATER IN YOUR HOME. BROUGHT TO YOU BY THE CITY OF BOZEMAN WATER CONSERVATION DIVISION.

BRUSH BETTER FAMILY CHALLENGE

Keeping those pearly whites clean shouldn't be a drain. Reduce your water use and pump up the family fun with this habit-honing family activity.

THE QUICK AND CLEAN FACTS:

- Your teeth should be brushed for a full two minutes, two times per day, that's four minutes of brushing a day.
- Running water uses about 2.5 gallons of water per minute (gpm). If you leave the water running while brushing your teeth, that's 4 minutes of wasted water per day or 10 gallons of water going down your drain.
- Turning off the water helps us conserve.

BRUSH BETTER CHALLENGE INSTRUCTIONS

Items needed:

- Brush Better Challenge Chart
- timer
- pen or pencil

1. Recruit family members to participate!
2. Load up that toothbrush, give it a quick rinse, then turn off the water!
3. Get brushing! Set the timer for two minutes and make it fun. Put your favorite song on or practice a silly dance in the mirror while you brush!
4. Every time you brush without leaving the water on, give yourself a check in the chart below. Have your family members do the same.
5. After one week, add up the check marks.
6. The family member with the most check marks is the Water Smart winner.
7. Do the math on the chart to figure out how many gallons you and your family saved this week. How much could you save in a month? A year?
8. Email a photo of your completed chart to waterconservation@bozeman.net and receive a FREE Brush Better Kit.



WHAT DOES A MINUTE OF RUNNING WATER LOOK LIKE?

Think of a gallon milk jug. When you run the water for just one minute, it will fill a whopping two and a half gallon jugs.



Brush Better Challenge Chart										
	Day 1 am / pm	Day 2 am / pm	Day 3 am / pm	Day 4 am / pm	Day 5 am / pm	Day 6 am / pm	Day 7 am / pm	total ✓	total ✓ X 5 gal =	total gallons of water SAVED this week
family member	/	/	/	/	/	/	/		_____ X 5 gal =	
family member	/	/	/	/	/	/	/		_____ X 5 gal =	
family member	/	/	/	/	/	/	/		_____ X 5 gal =	
family member	/	/	/	/	/	/	/		_____ X 5 gal =	